| SANDWICHES \& WRAPS <br> On wholemeal bread \& wraps | Price | SUSHI - FRESH DAILY <br> ALL $\$ 3.50$ |  | HOT FOOD | Price |
| :---: | :---: | :---: | :---: | :---: | :---: |
| Vegemite | \$3.50 |  |  | Vege dog | \$4.00 |
| Cheese | \$3.50 |  |  | Vege dog with cheese | \$4.50 |
| Cheese \& vegemite | \$4.00 | Chicken Teriyak |  | Chicken \& gravy roll | \$4.50 |
| Cheese \& tomato | \$4.00 | Avocado |  | Lasagne | \$5.00 |
| Egg (plain) | \$4.00 | Chicken \& Avocad |  | Vegetable lasagne | \$5.00 |
| Egg \& lettuce | \$4.50 | Chicken only Tuna |  | Homemade cheese puffs <br> *Wednesday and Thursday | \$1.00 |
| Chicken | \$4.00 | Tuna \& Avocado |  | Party pie 45g (local bakery) | \$2.00 |
| Ham | \$4.00 | Tuna \& Cucumb |  | Large pie 150g (local bakery) | \$5.00 |
| Tuna | \$4.00 | Salmon \& Avocad |  | 2-minute noodles | \$2.50 |
| Chicken \& cheese | \$4.50 | Salmon only |  | Chicken nuggets (3) | \$2.50 |
| Ham \& cheese | \$4.50 | Chicken Rice Pape |  | Hot dog | \$4.00 |
| Tuna \& cheese | \$4.50 | Vegetable Rice Paper |  | Hot dog with cheese | \$4.50 |
| Chicken, cheese \& tomato | \$5.00 | Prawn tempura |  | Sausage roll (local bakery) | \$4.00 |
| Ham, cheese \& tomato | \$5.00 | Vegetable temp |  | Wedges plain | \$4.00 |
| Tuna, cheese \& tomato | \$5.00 |  |  | Pizza ham \& cheese | \$4.00 |
| Salad | \$5.50 |  |  | Pizza ham, cheese, pineapple | \$4.00 |
| Chicken \& salad | \$6.00 | SALAD BOWL |  | + sauce (tomato, BBQ, sweet chilli) | 0.30c |
| Ham \& salad | \$6.00 | Lettuce, tomato, carrot, cucumber, cheese | \$6.00 |  |  |
| Tuna \& salad | \$6.00 | add chicken, ham, tuna or egg | \$6.50 |  |  |
| As a wrap, or toasted - extra | 0.50c | + French dressing or mayo | 0.50c |  |  |
| SNACKS |  | DRINKS |  | FROZEN SNACKS |  |
| Fresh piece of fruit | \$1.00 | Bottled water | \$1.50 | Quelch | 0.50c |
| Boiled egg | 0.70c | Milk (chocolate) | \$2.20 | Ice Mony | \$1.00 |
| Corn on the Cob | 0.70c | Milk (strawberry) | \$2.20 | Frozen jelly cup | 0.20c |
| Fresh fruit cups | \$2.50 | Juice popper | \$2.20 | Frozen juice cups | 0.50c |
| Popcorn | \$1.00 | Slush Puppie | \$3.00 | Frozen choc cups | 0.50c |
| Fresh home bake | \$1.00 | Groove Mineral water sparkling | \$2.50 | Snap Stixx | \$1.00 |
| Red Rock chips honey soy | \$1.50 |  |  |  |  |
| Red Rock chips sea salt | \$1.50 |  |  |  |  |
| Grain Waves chips | \$1.50 |  | THDA | ICE BLOCKS! |  |
|  |  |  | THA | ICE BLOCKS! |  |



Celebrate your child's birthday. We cater for class parties! Birthday ice blocks are Australian made from 99\% fruit juice, and from 0.50c per student. Order online.

- choose Break 1 or 2
, select your child's name
, select the ice blocks
. select the date
, select your child's class

. choose the type you wish to order


## NSW HEALTHY SCHOOL CANTEEN STRATEGY

We are committed to providing students with nutritious food and drink options in accordance with the NSW Health School Canteen Strategy. Our menu reflects the mandatory guidelines we are required to comply with. Food and drink choices offered to students come from the 'Everyday' (green items) and occasional (black items) categories.

